



Health and  
Social Care



# Leavers information

## Cleft Lip and Palate Service

You have now reached the end of your routine cleft care. We wanted to give you some information to take away should you ever have any questions or concerns in the future.

## Why might I need to contact The Cleft Lip and Palate Service?

You have been discharged as it has been agreed with you that your palate function for speech is good. Your soft palate lifts up and down during speech to separate off your nose from your mouth.

While it is very unlikely that there will be any changes to your palate function, we wanted to let you know where to come if you suspect a change in your speech.

Regarding your appearance, you will have been offered any relevant treatment. In the event that you have declined treatment, you may wish to contact us in the future to request this.

## What should I do?

If you would like to speak with a member of the team (for example, the plastic surgeon, dentist, psychologist, speech and language therapist etc.) you can contact our Cleft Co-ordinator who will direct your query.

You can call the Cleft Co-ordinator, Pamela Larmour, on 07385 430 707 or email her on [pamela.larmour@belfasttrust.hscni.net](mailto:pamela.larmour@belfasttrust.hscni.net)

Alternatively, you can ask for a referral to the Cleft Lip and Palate team via your GP.

If you would prefer to speak directly to our Clinical Nurse Specialist, Emma Macartney, you can call her on 07860 179418 or email her on [emma.macartney@belfasttrust.hscni.net](mailto:emma.macartney@belfasttrust.hscni.net)

## Where else can I get support?

For more general support and advice, there are some groups you can find on social media, such as The Cleft Lip and Palate Association who are a UK-wide organisation.

You may wish to seek a referral to the Genetics team via your GP in the future. Some people find this helpful if they are considering starting their own family.

We wish you all the very best for the future.

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